

Safeguarding adults is everybody's business

Derbyshire Safeguarding Adults Board

Keeping People Safe

Derbyshire Safeguarding Adults Board (DSAB) Newsletter Quarter 4 2017: Issue 8

Welcome Derbyshire Safeguarding Adults Board (DSAB) newsletter. The newsletters will be issued quarterly to update all professionals and volunteers working with adults with care and support needs on key information related to the Board.

DSAB co-ordinates and monitors the effectiveness of safeguarding work of agencies and bodies involved in protecting Adults across Derbyshire.

If your organisation would like its safeguarding work featured in a future newsletter please contact DSAB Project Officer, Natalie Gee natalie.gee@derbyshire.gov.uk or natalie.gee@derbyshire.gcsx.gov.uk.

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Note from the Independent Chair



Hello, my name is Andy Searle and I am the Independent Chair of Derbyshire Safeguarding Adults Board. Welcome to Issue 8 of our Newsletter.

You will see in this issue that our Annual Report for 2016-17 is now complete. The Annual Report gives us an opportunity to look back at the activity and achievements of the Board during the previous year and I am heartened to see how much work has taken place in Derbyshire to keep adults safe from abuse and neglect. I thank all of our DSAB partners for their commitment to our DSAB Vision:

'We will all work together to enable people in Derbyshire to live a life free from fear, harm and abuse.'

This is the last DSAB newsletter of 2017, I hope you all have a peaceful Christmas break. Thank you and please enjoy this edition.

Meet our Board Members: Carolyn White, Chief Nurse/Director of Quality DCHS NHS Foundation Trust



I have worked in the NHS all of my career and have a long track record of working with children both in my professional life and on a voluntary basis.

I undertook a combined nurse training at Broad Green and Alder Hey Children's Hospitals qualifying as a Registered Sick Children's Nurse and State Registered nurse in 1982. During my career I have held a wide range of clinical posts focusing on paediatric intensive and specialist care and have completed an MSc in Health Services Research. I have worked as an executive director for the last 15 years. I was Director of Nursing (and acting Chief Executive) at Sherwood Forest Hospitals in Mansfield for 11 years and joined Derbyshire Community Health Services as Chief Nurse and Director of Quality in September 2013. My portfolio at DCHS includes leadership of the nursing and allied health professionals, safeguarding for adults and children, quality governance and compliance, patient safety, professional standards and patient experience. I am a member of both the children's and adult safeguarding boards and the executive lead for safeguarding at our trust.

I have a passion for ensuring that our patients receive the very best care and I am proud of the work that we have done at DCHS to improve quality standards including our Caring Always promises and our Quality Always clinical assessment and accreditation programme.

I am married with two daughters one in the last year of university the other studying for A levels so next spring promises to be a stressful time in our home with exams looming. In my leisure time I run a musical theatre youth group for young people between the ages of 8-18 years in Retford and keep in touch with my creative side making the costumes for our annual stage productions.

News from the Board

DSAB meets every 3 months and the last meeting took place on the 4th September 2017. Below is a summary of the items discussed:

- The Board welcomed two new members; Julian Hodgson, Derby Diocese and Charlotte Dunkley, National Probation Service.
- A presentation on PREVENT was given by Seamus Carroll, Community Safety.
- The DSAB Policies and Procedures (joint with Derby City) have been refreshed and were signed off at the meeting.
- A presentation was given by Julian Hodgson about Derby Diocese and their work with safeguarding adults.
- Learning from a Nottinghamshire Serious Case Review was shared by DHCFT colleagues with assurance of how 'Think Family' is being embedded in the service.
- DCC safeguarding performance reports were shared containing safeguarding data for the County. These reports will be produced quarterly with key headlines to be shared with the Board.

Sub Groups Chairs provided updates for the Board:

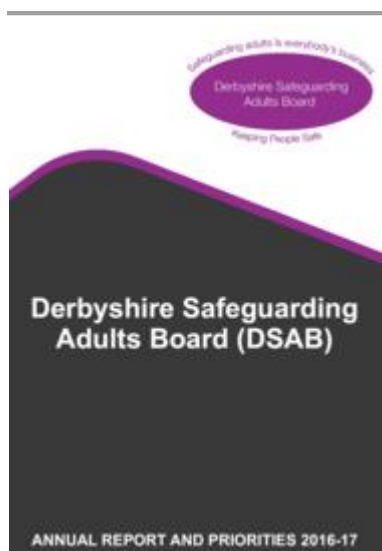
Performance and Improvement: Multi Agency audits were scheduled for September and November 2017, both audits will focus on sexual abuse. The group will receive quarterly performance data from November 2017 onwards and will use this to produce a key headlines report for the Board.

Learning and Development: The 'making enquiries under S42 of the Care Act' training has proved to be successful and will continue to run in 2018, dates to be confirmed. The group is currently exploring the development of a new multi-agency course for chairing meetings.

Operational and Leadership: Recent presentations have been given to the group by CQC and the advocacy service. The financial abuse working group is working well to share information around scams and other types of financial abuse. It is hoped that several customer engagement events will be held in 2018 supported by this group following the success of an event at Ripley in July 2017 for scams awareness month.

SAR Sub Group: The Multi Agency learning review MALR16A is complete and a learning summary has been published on the safer derbyshire website.

DSAB Annual Report 2016-17



The DSAB Annual Report 2016-17 is complete and will be published on the safer derbyshire website (link below) in the next few days. In the meantime, please email DerbyshireSAB@derbyshire.gov.uk if you would like an electronic copy emailed to you.

<https://www.saferderbyshire.gov.uk/what-we-do/safeguarding-adults/derbyshire-safeguarding-adult-board/annual-report/annual-report.aspx>

The annual report provides information and insight into the strategic approaches adopted by the Board to protect adults with care and support needs from abuse and neglect.

Thank you to all DSAB partners and sub group chairs for contributing to this report.

Good News Story: Free Call Blockers: National Trading Standards (NTS) Scams Team



The Department of Culture Media & Sport has provided funding to the NTS Scams Team for call blockers to tackle the issue of nuisance calls. The current focus is on protection of consumers with dementia.

The initial phase of the project started in April 2017, where Local Authorities were engaged and asked to identify people living in their communities with dementia that would benefit from a call blocker.

The team is now moving into the next phase. The public launch went live on the 6th November. On this date free call blockers will be available to any person living with dementia that is currently receiving scam or

nuisance calls. NTS are asking for your support to publicise this initiative and also to help us identify anyone that may qualify and benefit from having a call blocker.

To get a FREE call blocking device YES should be answered to the following

1. Do you or the person you are applying for receive nuisance and scam calls?
2. Does the person who would like the call blocker have dementia?

If you answered yes to the above then please apply at www.friendsagainstscams.org.uk/callblocker

The units available are trueCall Secure units and more information about the units can be found at <https://www.truecall.co.uk/product-p/tcs.htm>



Immediate Care Consultation



The CCG is continually looking at new ways to provide high quality health and care services to our patients while balancing the need to ensure those services meet the growing demands of an ageing population and are still affordable. At the Single Commissioning Board on 22 August 2017 a decision was taken to start a consultation from 23 August 2017 on options for bed based Intermediate Care for 12 weeks until 15 November

2017.

The proposals have been developed following ongoing engagement with local communities and groups discussing Care Together and the approach to future service provision. In recent months we have engaged specifically on the approach to Intermediate Care through various groups and networks.

We are keen to hear your views on the three options set out in the proposals. Please take the time to read in detail about the options, and help us by completing the **online survey before the 15 November 2017**.

Visit www.tamesideandglossopccg.org/intermediatecare

Derbyshire CCG Safeguarding Podcasts

Safeguarding Adults
Derbyshire



****Latest ****

SAFEGUARDING ADULTS PODCASTS

Podcasts are a quick and easy way to listen to topics of interest at a time to suit you so why not download one and have a listen.

There are currently 11 podcasts available:

Podcast 1/Episode 1 - The UK PREVENT Strategy and what it means for NHS staff

Podcast 2/Episode 2 - The five principles of the Mental Capacity Act 2005

Podcast 3/Episode 3 - Mental Capacity (an introduction)

Podcast 4/Episode 4 - Best Interests

Podcast 5/Episode 5 - Protection for healthcare and treatment actions and restraint

Podcast 6/Episode 6 - Lasting Powers of Attorney

Podcast 7/Episode 7 - Deprivation of Liberty Safeguards

Podcast 8/Episode 8 - Children, young people and Deprivation of Liberty Safeguards

Podcast 9/Episode 9 - Financial Abuse and its place in the health workplace

Podcast 10/Episode 10 - Domestic Abuse (Part 1) - New

Podcast 11/Episode 11 - Domestic Abuse (Part 2) - New

We are in the process of producing additional broadcasts on a range of safeguarding subjects

Any ideas welcomed natalie.hall1@nhs.net

For iPhone, iPad or Mac users :

To access the podcasts, simply open iTunes on your iPhone, iPad or Mac and search "safeguarding adults Derbyshire", or alternatively, click on the link below:

<https://itunes.apple.com/gb/podcast/episode-1-uk-prevent-strategy/id1170793403?i=1000377264000&mt=2>

Then, click the blue button underneath the umbrella image: View in iTunes

If you have not got iTunes downloaded onto your device, this link will prompt you to access the free download.

For other devices :

To access the podcasts, simply click on the link below:

<http://andrewalonzi.com/nhs-derbyshire>

For further information please do not hesitate to contact the NHS Derbyshire Clinical Commissioning Groups Safeguarding Adults Team on: 01332 868809 or email Natalie.hall1@nhs.net

Mental Health Advice and Support Drop-in Sessions



The Recovery and Peer Support service host a number of regular mental health advice and support drop-in sessions in Derbyshire and have added new venues starting next month.

They are keen to develop other sites across Derbyshire and would be grateful if you could contact them if you know of a suitable venue in your area.

You can join the service's [Facebook group](#) to find out about sessions and other events.

Their new sessions that start in November are:

- **Ripley** sessions are every Friday from 17th November 11am until 1pm at The Croft, Slack Lane Ripley Derbyshire DE5 3HF
- **Hilton** sessions are every other Wednesday 15th November from 10am to 12pm at Hilton Village Hall, Peacroft Lane Hilton DE65 5GH
- **Brailsford** sessions are every other Wednesday starting 15th November from 10am to 12pm at Brailsford Medical Centre, The Green, Brailsford, Ashbourne, DE6 3BX
- **Shirebrook** sessions are every Thursday from 9th November, 10am until 12pm at The Village Hall, Park Road, Shirebrook, NG20 8JP
- **Bolsover** sessions start Thursday 2nd of November running fortnightly, 10am until 12pm at The Assembly Hall, Hill Top Bolsover, S44 6NG
- **Bakewell** drop-in sessions start on Tuesday 14th November running weekly from 12:30pm until 2:30pm at The Medway Centre, New Street, Bakewell, Derbyshire, DE45 1DY

These are added to the [Belper, Ilkeston, Chesterfield and Kirk Hallam sessions](#) that have already been set up in the county.

You can find out more information by contacting Rethink on tel: **01773 734989** or DerbyshireRecoveryPeerSupportService@rethink.org

Carers in Derbyshire



The Carers in Derbyshire website now has a Facebook page. You can follow at www.facebook.com/carersinderbyshire

Southern Derbyshire Clinical Commissioning Group are hosting a series of [carer listening events](#) in both Derbyshire and Derby City.

The [Walk a Mile in My Shoes](#) carers empathy project is gathering pace and a number of carers have volunteered to tell their stories. If you're a carer and would like to be part of the project please email adultcare.info@derbyshire.gov.uk or tel: **01629 531310**

Carers in Derbyshire have also started a blog with new posts published on a monthly basis. You can read all the [previous blog posts](#) and sign up to receive future ones on the website.

Derbyshire Carers Association have a new private Facebook group called Carers Connect. If you're a carer, you can [request to join the group](#) and start chatting to other local carers in confidence.

Derbyshire Carers have also been developing their Young Carers Support Service. You can find out more about the service by [reading their new leaflet](#).

Macmillan Cancer Support have developed some excellent information for carers [looking after someone with dementia and cancer](#).

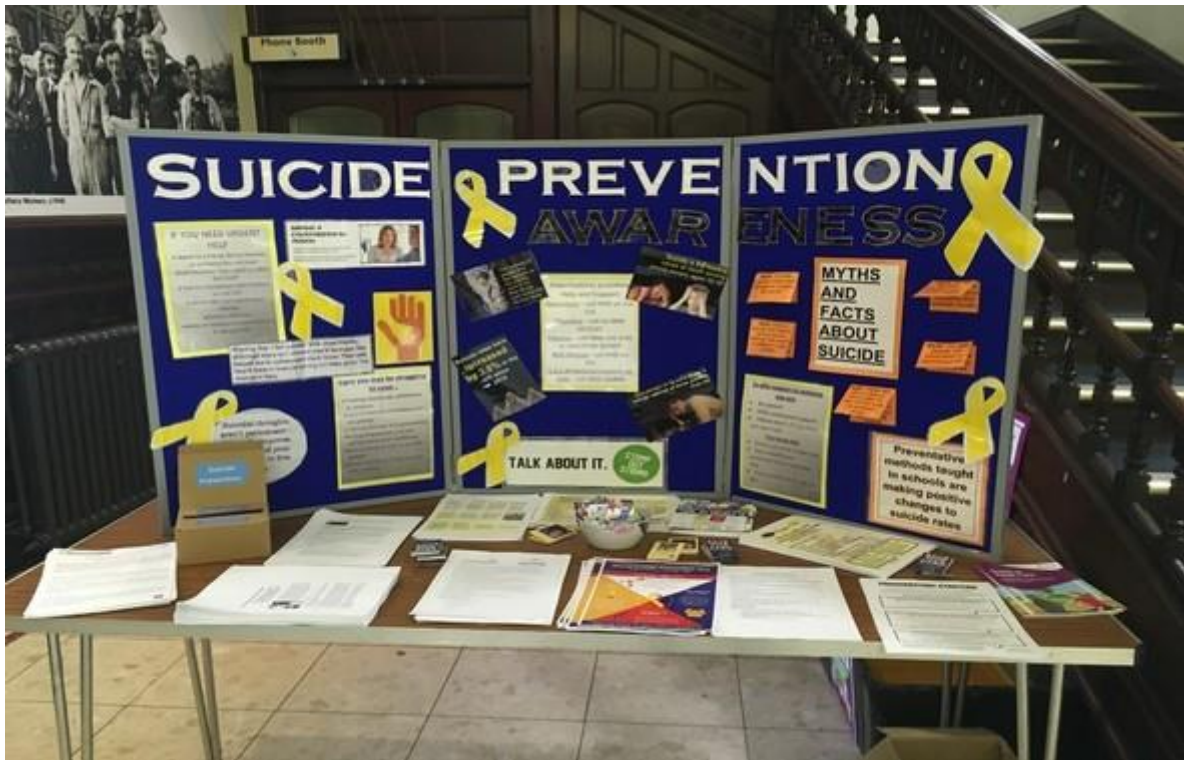
Suicide Prevention and Awareness

It was World Suicide Prevention Day on 10th September 2017 and this year the theme was:

'Take a minute, change a life'.

Every year, more than 800,000 people die by suicide and up to 25 times as many make a suicide attempt. Behind these statistics are the individual stories of those who have, for many different reasons, questioned the value of their own lives.

As members of communities, it is our responsibility to look out for those who may be struggling, check in with them, and encourage them to tell their story in their own way and at their own pace. Offering a gentle word of support and listening in a non-judgemental way can make all the difference.



samaritans.org.uk

Adults - Important Contacts

Contact your own organisation Line Manager or Named Professional for advice as required.

Safeguarding Adults Managers - CCG
 North via 07909097615
 South via 07979511384

Mental Health Service
 South County 01332 623726
 North County 01246 514412
 Tameside & Glossop
 0161 716 3600

Children's Social Care
 Derbyshire via Call Derbyshire/
 Starting Point 01629 533190
 Derby via First Contact Team
 01332 641172 or out of hours
 via Careline 786968

Derbyshire Police
 Non urgent 101
 Emergency 999

Health - for medical attention
 Non urgent 101
 Emergency 999

Samaritans 116 123
 samaritans.org.uk
 email: jo@samaritans.org

Focus Line
 0800 027 2127 (Open 5pm –
 9am Monday – Friday and all
 weekends and bank Holidays for
 24 hours)

Top Tips for helping someone feeling suicidal

Stay Calm - It may be uncomfortable listening but try not to let your own emotional response prevent you from hearing what the person is saying and what their body language is telling you.
Talking about self-harm and suicide does not increase the risks!

Listen - Just being listened to can be a brilliant support and bring great relief to people, particularly if they have never spoken to anyone about their self-harming or suicidal thought before. The fact that they have chosen you means they feel comfortable speaking to you.
Don't be seen to 'pass them on'.

Take Them Seriously - Do not ignore or dismiss the feelings or behaviour of someone nor see it as attention-seeking or manipulative. Do not be judgemental.
Most people who self-harm are not suicidal, but people who self-harm are more likely to accidentally complete suicide.

Confidentiality and Young People - When talking to a young person you should never agree to keep risk taking behaviour to yourself. Be sensitive and explain from the start that in order to help keep them safe you may need to pass on information to their parents/carers, your line manager or safeguarding lead or CAMHS.

Confidentiality and Adults - Do not keep concerns to yourself - helping someone is a wonderful opportunity but it can also be stressful. Share your concerns with your line manager or safeguarding lead they will help you to consider and manage the risk.

Clarify whether or not there are immediate needs for medical attention or urgent help to keep the person safe and respond accordingly.
*For urgent medical attention Tel: 999
Non urgent medical help Tel: 111
or persons own GP*

Do Not Act in Haste - Give the person time to try and find out what is causing their distress and what will be of help. Act according to the needs raised - this will often be encouraging the person to see their GP who will be able to provide medical support and if required make a referral to relevant helping services, like mental health services.

Make sure you are available for the person for the following few days /weeks. If you are not available make sure they know where to seek support from.

Modern Slavery

A number of initiatives have taken place in recent weeks to promote Freedom Week (15th October 2017 – Sunday 22nd October 2017) and Anti-Slavery Day (18th October)

A Community Safety e-learning course [Modern Slavery: An Introduction](#) is now available which provides a brief overview of what modern slavery is, including how to spot the signs and how to share concerns in Derbyshire.

Derbyshire County Council staff, Elected Members and Derbyshire SAP schools all have accounts set up. To access these modules they should sign in via derbyshire.learningpool.com. If staff have problems logging on, they should contact dlo@derbyshire.gov.uk

Partner Agencies – There is a limited number of accounts to be offered to statutory and voluntary partner agencies who link in with community safety. Partner agencies can email katya.bates@derbyshire.gov.uk to request new accounts for their staff.

Myths of Modern Slavery

There are many myths surrounding Modern Slavery. By believing them we allow the problem to continue:

Myth: Modern Slavery only happens in the developing world?

Fact: Modern slavery happens everywhere. There are over 1.5 million people working in slavery-like conditions in Europe, North America, Japan and Australia*. Men, women and children can be victims of modern slavery.

Myth: Sex trafficking accounts for most cases of modern slavery?

Fact: Most of the people in slavery work in industries such as agriculture, fishing construction, manufacturing, mining, utilities and domestic work. Around one in five are victims of sexual exploitation*.

Myth: Someone is not a victim of modern slavery if they have a better life than previously?

Fact: Some people are willing to tolerate their situation because they may think it is a “stepping stone” to a better future. They may also compare their situation favourably to what they experienced at home. This does not mean that they are not victims of modern slavery**.

Myth: A person who didn't take opportunities to escape cannot be considered to be a victim of modern slavery?

Fact: There are many reasons why someone may choose not to escape an exploitative situation. These include fear of reprisal, vulnerability, Stockholm syndrome (psychological dependency on, and empathy for, the person exploiting them), and lack of knowledge of their environment**.

Myth: Modern slavery doesn't affect me?

Fact: Even if you're not a victim of modern slavery, you're still affected by it. Businesses, for example, face unfair competition from unscrupulous companies who reap the profits of modern slavery. That may put pressure on them to lower wages or cut benefits. Meanwhile governments lose out on precious tax revenue while facing huge legal costs from prosecuting modern-slavery cases - money which could be spent on public services like education, healthcare or public transportation*.

Extracts taken from:

**The 50 for Freedom Campaign - led by the International Labour Organisation and its partners, the International Trade Union Confederation and the International Organisation of Employers.*

***Police National Centre for Applied Learning Technologies.*



There are over 40 million slaves in the world today – 13,000 in the UK. This crime is highly organised and sees fellow human beings traded like commodities. Modern Slavery can be a hidden crime but that does not mean it can be ignored. Light a candle during Freedom Week to remember those who are exploited and those who dedicate their time to tackle modern slavery in Derbyshire, the UK and the world.

Drinkaware Crew Scheme

“Drinkaware, in partnership with Derby University Students' Union and Derbyshire Police, have recently trained and delivered a Drinkaware Crew scheme into Derby Student Union's internal venue, and affiliated external venues in Derby City Centre and includes Buxton campus. This started in September 2017 and will last for at least 1 academic year.

The Drinkaware Crew scheme is designed to tackle vulnerability, alcohol-related harm and low-level sexual harassment among young people (18-24) in the Evening and Night Time Economy.

Drinkaware Crew are trained staff working in clubs and venues to help support the welfare and wellbeing of young people on a night out. The scheme has been through a rigorous pilot and evaluation process and has

been recognised as best practice in the Government's "2016 Modern Crime Prevention Strategy", as well as being included in the scoring criteria for the Best Bar None UK and Best Bar None Scotland accreditations.

There are currently Drinkaware Crew schemes live in 13 towns and cities across the country; and Drinkaware are working with a range of police forces, PCCs, local authorities, venues and Students' Unions to deliver the programme.

The Drinkaware Crew scheme was designed on the back of findings from the Drunken Nights Out research report, commissioned by Drinkaware in 2014, into the drinking behaviours and experiences of young people (18-29) in the night time economy. The research found that:

- 63% of 18-24 year olds who drink alcohol will (at least occasionally) drink with the specific intention of getting drunk
- 44% of female students have experienced inappropriate sexual comments or abuse on a night out
- 35% of female students have received inappropriate or unwanted physical attention on a night out
- 80% of students said that persistent unwanted sexual attention ruins a good night out

During the pilot period, from November 2015 to July 2016, Drinkaware Crew helped 2,577 young people on nights out and reported 3,019 activities of support offered; 50% of which was emotional support, and 40% was practical assistance.

Following the launch of the second Local Alcohol Action Areas programme, which Derbyshire is part of, Drinkaware were approached by Inspector Nick Gamblin of Derbyshire Constabulary. After discussions with Inspector Gamblin, Drinkaware were invited to meet members of the police force to discuss the Drinkaware Crew programme, and it was agreed that setting up the scheme would be suitable for Derby, and would support the objectives of the Commissioner's Police and Crime Plan.

The Drinkaware Crew scheme promotes a positive social atmosphere in venues and helps those who may be vulnerable as a result of drinking too much alcohol.

5 key benefits that the scheme delivers:

1. Helps venues be responsible: Having Drinkaware Crew in place provides a reassuring safety net for young people on a night out.
2. Frees up staff time: Drinkaware Crew gives venue management and security staff the space to run venues more effectively.
3. Provides industry-endorsed expertise: The Drinkaware Crew training is endorsed by the British Institute of Inn keeping (BII) – this ensures that staff are trained to the highest standard.
4. Puts recommended best practice in place: Drinkaware Crew has been recommended as best practice in the Government's 2016 Modern Crime Prevention Strategy.
5. Builds relationships within local communities: Drinkaware Crew has won praise from venue operators, student unions, licensing officers, police forces and crime prevention and community safety initiatives. It can therefore help build and strengthen relationships within local communities."

Inspector Nick Gamblin
County Partnerships Liaison Officer,

Community Safety Partnerships - Corporate Services Dept.

To report a Safeguarding Concern

If you or an adult you know is in immediate danger:

- **Contact 999 or 101** if you think a crime has been committed.

- To make a referral to Derbyshire Adult Care, Please telephone Call Derbyshire on 01629 533190 (8am-8pm Monday-Friday and 9.30am-4pm on Saturdays).
- There is an emergency out-of-hours countywide social care support between 5pm and 9am Monday to Friday and 24 hours per day during weekends and bank holidays. Telephone: 01629 532600

Do you have something to say about health and social care services?

We want to hear what you think about health and social care services, whether it be praise, criticism or ideas for improvement.

Why talk to Healthwatch Derbyshire?

- We tell services about your experiences of care, which will work towards changing them for the better.
- Service providers have to listen to us, so they will be listening to you.
- Because if we can't help you, we will know someone who can.
- Because we are powerful, well connected and will make sure your voice is heard.



To have your say...

Email: enquiries@healthwatchderbyshire.co.uk
 Web: www.healthwatchderbyshire.co.uk
 Telephone: 01773 880786
 Text: 07943 505255
 Facebook: www.facebook.com/healthwatchderbyshire
 Twitter: [@HWDerbyshire](https://twitter.com/HWDerbyshire)

healthwatch
Derbyshire

Safeguarding adults is everybody's business

**Derbyshire Safeguarding
Adults Board**

Keeping People Safe

The next DSAB meeting is 4th December 2017

For queries or comments please contact:

Natalie Gee (DSAB Project Officer) natalie.gee@derbyshire.gov.uk or
natalie.gee@derbyshire.gcsx.gov.uk

